



Leeds Safeguarding
Adults Board

“As soon as I spoke
up, things started to
get better.”

Supporting people to be safe in Leeds

If someone is experiencing or at risk of **abuse**, **neglect** or **self-neglect**, there are people who can help.

For advice or support, contact Leeds Adult Social Care:

- Tel: **0113 222 4401**
- BSL: **www.leeds.gov.uk/accessibility**
- Visit: **Council One Stop Centres / Community Hubs**

Go to **www.leedssab.org.uk** for more information.